

The Six Precepts of the Church

Being the Irreducible Minimum of Catholic Practice

1. Of Mass. To assist at Mass every Sunday and Holy Day of Obligation.

2. Of Fast and Abstinence. To keep the fasts and abstinences, prescribed in the Prayer-Book, according to normal Catholic custom.

3. Of Confession. To seek sacramental absolution when needed for mortal sin, and at Easter time to do so as a matter of obedience to normal Catholic custom.

4. Of Communion. To receive Holy Communion at least once a year, during Eastertide.

5. Of Almsgiving. To give regularly to the support of the Church and the ministry.

6. Of Marriage. To keep the Church's law of marriage.

Lay Baptism

PROVIDED an infant or adult is in danger of dying before a priest can be procured, any other person, whether man, woman, or child, may baptize in the following manner:

While pouring common water on the head or face of the person, pronounce the words:

I BAPTIZE THEE IN THE NAME OF THE FATHER,
AND OF THE SON, AND OF THE HOLY GHOST.
AMEN.